



# CEDAR HEDGE Farm

8th Annual

2022

Vegetable Seedling Catalogue

# FLOWERS

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*We have grown a few flowers to use as companion plantings. Most, if not all, are pollinator friendly and some will attract predator bugs.*

*As an off the grid eco friendly farm you never have to worry about neonics when you're buying from a small organic farm such as ours.*



## **PERSIAN CARPET ZINNIA**

Stunning gold, red, chocolate, orange, and cream. Many of the 2-inch double flowers are bi-colored.

Will attract bees during their growing season, as well as attracting predator bugs.

## **SNAPDRAGONS - RAINBOW MIX**

Are a beautiful, traditional garden favourite that have been selected for their colour richness: from the palest to the deepest pinks, coral, blood-red, and yellow. Expect some bi-coloured flowers as well. The 60cm (24") tall stems make superb, long lasting cut flowers, and bring an intense burst of colour into flower arrangements. The stems of this old fashioned mix are sturdy, with very upright growth and uniform flowering.

Bee and insect pollination

## **SWISS GIANT PANSY MIX**

The classic heirloom Swiss Giants Mix Pansy seeds blend has single colours with blotched faces and some bicolours, with flowers held high above the leaves. Technically a perennial, this plant is usually grown as a cold hardy annual that will bloom in mild climates from October through to May from a late summer sowing. Swiss Giant Pansies grow to about 20cm (8") tall, with a really beautiful range of warm colours and markings that seem to lend the flowers even more personality.

## **NASTURTIIUM**

This is an easy-to-grow compact nasturtium for gardens and planters. Jewel Mix produces colourful double blooms of light yellow, orange and deep red. A hardy annual, Jewel Mix will flower all summer long in full sun or partial shade. The bright flowers produced by Jewel Mix nasturtium seeds are held well above the foliage for an impressive colour display. Even before the plants bloom, the foliage is very decorative. The edible flowers can be torn over salads to add colour to summer meals. Nasturtiums are known to be attractive to bumblebees as a source of both pollen and nectar

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## MARIGOLDS

As a companion plant, Marigolds are the variety that will suppress 'bad' nematodes in your soil. Be sure to plant around the vegetable garden! They can also be used as a cover crop for weed suppression. Plant in full sun, and remove spent flowers to prolong the bloom period. Marigolds and other plants draw beneficial insects that prey on pests or pollinate crops

## MEXICAN TORCH

Mexican Torch seeds produce exceedingly bright orange flowers atop massive plants that grow to 1.8m (6') in just a few months. Tithonia does not produce edible flowers, and is not a true sunflower. Grown in large containers (3-5 gallons minimum), plants will stay more compact, growing only to 60cm (24") tall. The flower is highly attractive to pollinators, including hummingbirds, and looks great when planted in big clumps or rows. The seeds are easy to collect and the massive stalks from the plants can be used for trellising peas or pole beans. From personal experience - We have planted these for pollinators and the monarch seems to love them.

## OLD-FASHIONED VINING PETUNIA

(Petunia multiflora) Annual. This lovely heirloom petunia offers a variety of colour and, unlike most modern hybrids, is wonderfully fragrant! Continual blooms range from white to deep violet and vining stems may reach 3ft. Great for hanging baskets or planted for edging in the garden.

*In the summer I was reading about Amaranth. On one of my visits to my parents at the end of the summer my father took me out to look at his garden. This large elephant head flower caught my eye. "Where did you get that, that's Amaranth an ancient grain." We collected seed and will see how this goes.*

## ELEPHANT HEAD AMARANTH

Elephant Head Amaranth is an interesting looking heirloom variety. Plants typically reach a stout two to three feet and form giant burgundy flower heads shaped like an elephant's trunk. Young edible leaves are delicious steamed like spinach and the mature seeds are high in protein, and can be cooked like a grain or ground to make flour.

This little catalogue is some of the seedlings we will have for you to plant in your garden. There are additional varieties that are first times on the farm or just didn't fit in this little book we will have them at Farmers Markets or at the Farm. These are also varieties that are in short supply or need a bit more description than we can provide here.

**Please note:** *With limited space in the greenhouse we can only grow so much. To make sure you get the heritage plants you want, order early.*

**NOTE:** **if the COVID issue continues we may be setting up local pick up times and locations. All orders are filled on a first come first served basis.**

We started the Farm in 2013 by buying a field and putting up a little greenhouse. That first greenhouse is gone (a long by-law story) but still lives on in some of the other buildings. We started this catalogue as a list for friends of extra plants. We now plant extra for the farmers market we attend and have had people disappointed because they couldn't get what they wanted (from what we grow) so that group that gave us their e-mail address will now be able to get access before we get to market.

# TOMATOES

## *Cherry*

*Tomatoes let me count the varieties... there are literally 100's of heirloom and open pollinated tomato plants. This year we will be growing over 30 varieties; some we keep and some we move on from for a variety of reasons. With that many varieties we have divided them up into basic categories.*



### **A GRAPPOLI D'INVERNO**

New for us this year - “the “Winter Grape” tomato of old Italy, where farmers would hang the fruit-covered vines and they would stay fresh well into the winter. They also dry perfectly and resemble little “Roma” tomatoes. The flavorful fruit is delicious and great for snacking, fresh or dried”.

### **BLACK CHERRY**

Black Cherry tomato seeds produce hardy, vigorous vines loaded with gorgeous purple to mahogany brown cherry tomatoes 2.5 cm (1”) round. Enjoy prolific yields all season long! Rich, juicy cherry tomatoes with wonderfully complex, sweet flavour and firm texture. The little fruits of this variety look exotic and taste irresistibly delicious. A great snacking tomato, excellent in bruschetta.

### **BLUE BERRIES RED**

The blue-green vines are covered elongated clusters of cherry tomatoes that are a deep blue-purple when immature and ripen to a rich brick-red where exposed to the sun and purple where shaded. With a mild, sweet taste.

### **BLUE BERRIES CREAM**

The blue-green vines are covered elongated clusters of cherry tomatoes that are a deep blue-purple when immature and ripen to a rich cream where exposed to the sun and purple where shaded. With a mild, sweet taste

### **BRAD'S ATOMIC GRAPE TOMATO**

Elongated, large cherries in clusters. The color (and flavor!) is a full-blown assault on the senses—lavender and purple stripes, turning to technicolour olive-green, red, and brown/blue stripes when fully ripe. Olive green interior is blushed with red when dead-ripe. Crack-resistant fruit is extraordinarily sweet! These range some in size from a large grape to plum-sized.

### **CHADWICK CHERRY**

We have been growing these since 2013. These tomatoes are sweet, juicy and prolific. I find the (1.5”) round fruits to be a medium to large cherry tomatoes. Popping them in your mouth while picking will happen but there will still be lots for salads.

### **GOLDEN CHERRY**

Golden Cherry is a very productive, bushy cherry tomato variety that needs a sturdy support to thrive. The little round, cherry-sized tomatoes ripen from green to yellow and in the end turn golden-yellow. The fruits have a delicious, sweet flavour and a thin skin.

### **PETIE MOINEAU**

A red currant type tomato with clusters of tiny red fruit that are very sweet. This precious little gem has been cultivated in the Chateauguay region of Quebec since at least the 1950

### **PURPLE BUMBLEBEE**

Super cute cherry tomatoes with red skins and purple stripes. The sweet round fruits have excellent flavour and grow to a uniform 4cm (1.5") across. They hang in long trusses from tall indeterminate vines.

### **SUNRISE BUMBLEBEE**

Sunrise has orange skins that are streaked with bright gold and a sweet flavour. The texture is succulent and the small cherry fruits are resistant to cracking. The Bumble Bee series will work in a 5 gallon (or larger) container. Keep the vines well picked so they produce right through late summer. Provide strong support for the vigorous plants to lean on.

### **SNOW-WHITE CHERRY**

A delicious light yellow to ivory cherry tomato. Snow-white Cherry is very productive and produces buckets of sweet cherry tomatoes all summer long. Snow-white Cherry looks great mixed with Black Cherry Tomatoes! A must have.

### **TONODOSE DES CONORES**

A rare and endangered heirloom cherry tomato from France. Bright red fruit have an orange tinge inside and a long, strong, lingering flavour.

*Available at the farm*

- **BLACK STRAWBERRY**
- **GARDENERS' DELIGHT**



### **BROAD RIPPLE YELLOW CURRANT**

We love this variety and are hoping to be able to offer it again this year. Our supplier closed but luckily I had a few in the freezer and I hope I was able to recover the seeds. Discovered in the early 1900's, this delightful, bright yellow cherry tomato was originally found growing in a crack in a street in Broad Ripple, Indiana. I find this is a great producer even in the worst conditions, we normally grow bush style plants but I know there are great on trellis or in container. The small tomatoes are great right off the plant, little yellow drops of sweet sunshine, it's a good thing they are such a strong producer as I eat so many right in the field.



# TOMATOES

## *Salad and Small Slicing* —



### **CHARLIE'S RED STAKER**

This tomato was developed by Dr. Charles Walkof of the Morden Research Station. This Manitoba bred tomato has medium size blemish free red fruit and are good for slicing. Indeterminate, regular leaf foliage.

### **COPIA**

Copia produces large beautiful yellow fruit with red striping! With a beautiful red striping and a red and yellow mottled interior. A natural stabilized cross between Green Zebra and Marvel Stripe. Indeterminate, regular leaf foliage.

### **GREEN GAGE**

Named after the green gage plum, we grew them for the first time in 2014. About the size of a plum and sweet. As with other yellow tomatoes they seem to be less acidic.

### **GREEN ZEBRA**

This tomato is named for its shades of yellow & green, with darker green stripes. The flavour is a sweet yet tart balance of sugar and acid. A mid-sized tomato that I found great for slicing, salads and cooking.

### **HARBINGER**

Harbinger Tomato Seed. An old English variety that was introduced in 1910. Extremely productive plants are loaded with small to medium size red tomatoes with good taste. Tolerates cool weather well. Indeterminate.

### **MONEY MAKER**

This old English heirloom greenhouse tomato was bred by the F Stoner See Company and released in 1913. It has a uniform set of 4-5 oz round red tomatoes in small clusters with good taste. Although originally developed for greenhouse culture it has done well for me outside in the garden too.

### **MATINA**

Matina Tomato Seed. Originally from Germany, this heirloom is a productive, blemish free early variety that keeps producing all summer long. The large potato leaf plants produce perfect red globes with good taste for an early variety. The plants are very disease resistant and because of the heavy foliage cover, seldom get sunscald. Indeterminate, potato leaf foliage.



**NYAGOUS**

A Russian heirloom with dark colored 6 oz fruit usually born in clusters. This is one of the best “black” tomatoes for markets. The fruit are blemish free and have good flavor. Indeterminate, regular leaf foliage.

**PINK PING PONG**

An large heirloom cherry tomato originally from Andrew Rahrhart, an avid grower who collected many heirloom varieties from ethnic groups just north of New York City. The unique colored pink fruit are about the size of a pink pong ball and are great for snacking or adding to salad. Indeterminate, regular leaf foliage.

**VINTAGE WINE**

The large fruit is an elegant pastel pink with gold striping on the skin. A perfect blend of gourmet flavor and good keeping quality makes this potato leaf variety a top for home gardeners and market farmers alike!

**WHITE POTATO LEAF**

White Potato Leaf is a very nice creamy white tomato with 3-6 oz fruit that is also very productive. A nice addition to salad. Indeterminate, potato leaf foliage.

*Available at the farm*

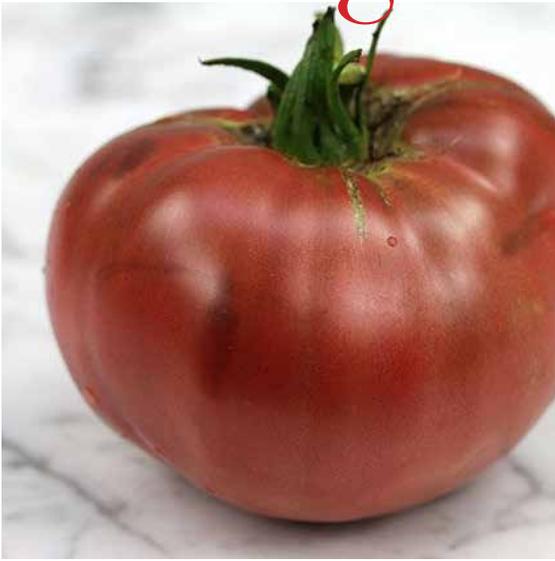
- JAPANESE BLACK TRIFELE TOMATO
- MORTGAGE LIFTER - INDIGO ROSE

**GARDEN PEACH**

We are binging this one back at request. Developed in 1898, this unusual tomato produces an abundance of 3-5 oz. fruit with a slightly fuzzy yellow skin, blushed with pink. The fruit is juicy & sweet with a bit of tartness. White and yellow tomatoes typically have low acid, this one is no exception. The low acid level has had some question if this is really a tomato. It is and for those that want to try something a little different this might be the one for you.

# TOMATOES

## *Large Slicing*



### **BEAR CLAW**

Somewhat flattened these huge tomatoes are pink inside and have a old-timey, strong tomato taste with low acid. A great tomato for sandwiches, with just one slice of tomato needed! Large fruit appear fairly early in the season, and then the fruit keeps coming larger and larger. They finally get so large that the branches droop even with only one fruit on it!

### **BOX CAR WILLIE**

A really nice mid to large tomato with an old fashioned taste. Red fruit average about 1 lb and are quite blemish free. Great for tomato sandwiches! This is one we have grown to love we looked at the name in the seed catalogue for a couple of years before we started growing this but we are sure glad we did.



### **CHEROKEE PURPLE**

Seed was originally grown by the Cherokee Indians, this wonderful heirloom is more than 100 years old. The seed for Cherokee Purple was sent to Craig LeHoullier by John D. Green of Sevierville, Tennessee. John D. Green received the seed from a lady who obtained them from her neighbor who claimed that they were originally grown by the Cherokee Indians. The fruit of Cherokee Purple is a dark purplish pink color and often has green shoulders. The large fruit average 12 oz and are delicious.

### **EARL OF EDGECOMBE**

This heirloom from New Zealand is one of the best tasting full size orange tomatoes we've grown. The flavour is rich, sweet and tart all at once. Fruits are uniformly round, blemish free and resistant to cracking and blossom end rot. This is an English heirloom dating back to the seventh earl of Edgecombe. When the 6th earl of Edgecombe died the next in line was a sheep farmer in New Zealand. When he returned to claim the title, this tomato traveled with him. Indeterminate.

### **FEURERWERK – RED ZEBRA**

This tomato comes from Germany and translates to "firework". It has a very interesting appearance, with orange, gold, silver, and red stripes exploding together like fireworks. The flavor is fruity and tart. A good choice if you would like to try something new.



**ITALIAN HEIRLOOM**

This all purpose Italian heirloom tomato is great for eating fresh, canning, or salsa. The fruit are easy to peel and have great taste. The abundance of luscious red 1 lb fruit will amaze you.

**MARIZOL GOLD**

This is a beautiful family heirloom produces Huge, 1-2 lb fruits are golden yellow streaked with red throughout and are very sweet. Our grower loves them for roasting and creating a beautiful golden tomato sauce. The yield is quite good for a large tomato.

**ORANGE R 1 1 7**

One of the few bicolor ox heart tomatoes available. Large gorgeous fruit have golden flesh with red marbling. Great for slicing or in salads.

**ORANGE STRAWBERRY**

Brilliant orange, ox- heart fruits that's almost perfect heart shape. The flavor of the meaty fruits is robust, complex and surprisingly tart for an orange variety. Few seeds and solid flesh make this variety good for canning or sauce.

**THORBURN'S LEMON BLUSH**

Sweet, lemon coloured fruit are blushed in lovely salmon pink. There is something nourishing to the soul when growing an heirloom that was resurrected from near extinction! The Thorburn's Lemon Blush tomato is a beefsteak from antiquity with such magnificent flavor.

*Available at the farm*

- **WHITE TOMESOL**
- **CLASSIC BEEFSTEAK**



## Sauce

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**SAN MARZANO**

This rare heirloom is famous for its incredible flavour. The lobed fruits look like long, blocky red peppers with firm pulp and thick skins. They are perfect for canning or making pastes and sauces. The vines are vigorous and indeterminate, with excellent disease resistance.

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# PEPPERS

## *Sweet*

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*Ahh peppers! Another vegetable from my youth that I loved growing. One of the big surprises for me was cross pollination. The seed is the fertilized egg and, in most cases, it won't affect the flavour of the current fruit. The fruit/flesh is really just a casing to help the seed to make/protect the new plant. With peppers, when you get cross pollination between Hot and Sweet the seeds of the fruit on a sweet pepper plant can be hot. Ideally pepper plants need to be 50 feet apart to make sure you don't get cross pollination.*



### **CALIFORNIA WONDER**

California Wonder bears heavy, smooth-skinned, thick-walled, blocky peppers on vigorous 45-60cm (18-24") tall plants. Peppers are 4-lobed and start out light green, turning dark green, but with enough heat they'll turn a lovely red.

### **LIP STICK**

This pepper came to us as a gift from the seed company in 2019. The results were so good we have put it into our annual list. A delicious pepper with 4-inch long tapered, pimiento type fruit that is super sweet. This fine pepper is early and ripens well in the North. A flavorful favourite with thick, red flesh.

### **LUIGI - A FAMILY HEIRLOOM**

The family calls them Luigi pepper. They are similar to a cubanelle/Shepard. The story behind these is that my Grandmother's (Mumma as I knew her) nephew Luigi brought the seeds over from Italy to my grandfather (Papa) in the early 1950s. I'm look forward to carry on this family tradition each year. The plant produces a good number of 6-7 inch long blocky light green peppers that will turn red. Great for stuffing or slicing into a salad.

### **PURPLE BEAUTY**

A compact, bushy plants with thick protective foliage. The fruits begin to form mid-summer, starting as big, blocky, meaty three to four lobed green bell peppers, before maturing to an astonishing bright purple colour. Purple Beauty was grown out from the original hybrid Purple Belle, and now produces open pollinated seeds for seed saving and home seed production. The flavour of these remarkable fruits is mild, sweet, and succulent, with a fine, crispy texture. The cut fruits look absolutely spectacular mixed with yellow or orange peppers, so they belong in every foodie's garden.

### **ORANGE BELL**

We have had request for coloured bell peppers. The seed catalogue says "Super sweet, brilliant orange fruit is blocky and good-sized with thick flesh that is flavorful and among the best tasting of all peppers. Plants produce large yields of this most magnificent pepper."

### **SHEEPNOSE PIMENTO**

Gorgeous cheese-type sweet pepper, ripening from green to red. The fruit is round, oblate, and stylishly ribbed—so pretty in the garden or on your table! Thick walled, crisp and juicy fruits keep an extraordinarily long time when refrigerated. I remember my mother using these when we made tomato sauce. I find them very nice fresh and they can also be made into a pimento pepper sauce.

### **SHEPHERD**

This Italian Sweet pepper produces an early yield of high quality, defect-free fruits. Flesh is thick and juicy and is good fresh, fried or pickled. Heavy foliage cover protects fruit from sunscald. Three to four lobed fruits average 3” wide at the shoulder and 5-7” long.

### **STOCKY RED ROASTER**

Rich red Italian pepper with sweet flavour and thick flesh. Perfect for roasting and quite easy to peel afterwards. This beauty is the genius of Frank Morton at Wild Garden Seeds. Frank selected for straight uncrumpled sides, smooth skin, thick walls and deep colour and the result is high yields and great quality. Strong plants bear a heavy crop of 15 to 18 cm long tapered fruits that are 7-8 cm at the shoulder. It is the last pepper to ripen in our zone 5 fields and we look forward to it for end of summer roasted pepper and caper salads.

### **SWEET CHOCOLATE**

Rich, chocolate-brown pepper, the flesh is cola-red color, very sweet and delicious. The medium-sized semi-bell-shaped fruit ripens very early, making this variety perfect for our climate Great in salads.

*Available at the farm*

- SWEET BANANA PEPPER
- CANARY BELL



### **SHISHITO**

They may be the perfect bite-sized pepper for blistering under the broiler and serving with a sauce. The 60cm (24”) tall plants produced buckets of slender, mild peppers in our field trials. And they kept producing into October. Tasty at the green stage, it matures first to orange and then to deep red when its sugars are the highest. Its thin walls make it ideal for tempura or roasting. We like to call them the Russian roulette of peppers as 1 in 8 are hot – not as hot as a jalapeno but hot enough

# PEPPERS

## *Hot*



### **BLACK HUNGARIAN**

(70 - 80 days) A beautiful Hungarian heirloom that is highly ornamental, with its purple-veined foliage, purple flowers and 3-4" fruits that start out black and ripen to red. Plants grow to 36". Medium-hot, great flavour. I like these both for their colour and flavour. As a medium hot pepper, they are a great addition to a give any salad a little kick.

### **BUENA MULATA**

A chameleon-like pepper that undergoes color changes during ripening; violet to pinkish-flesh color, then orange changing to brown, and eventually to a deep red. The long, round pods reach 6 to 7 inches in length and undergo a unique flavor change as they ripen, with the reds being more sweet and meatier than the violet.

### **EARLY JALAPEÑO**

Jalapenos' produce pungent, thick-walled and juicy dark green peppers that are 8cm (3") long and about 2cm(1") wide with a blunt end. On the coast, fruits set well on mid-sized plants 60-90cm (24-36") tall. If there are still green peppers on the plant at the end of the season, pull up the whole plant and hang in a dry spot for it to finish ripening to red. Use green peppers for fresh eating, pickling, and sauces, and dry the red ones. 2,000 - 5,000 SHU's. Jalapeno M works well in three to five gallon containers, and is suitable for patio growing.



### **FATALII**

The Fatalii is a cultivar of the chilli pepper *Capsicum chinense* developed in southern or central Africa from chilies introduced from the Americas. It is described as having a fruity, citrus flavor with a searing heat comparable to the habanero, to which it is related and from which it may have derived. Scoville scale: 125,000-325,000 SHU

### **HABANERO**

The Habanero is a hot variety of chili pepper. Unripe habaneros are green, and they color as they mature. These ripen to red, with the fruit being 2-6 cm (0.8-2.4 in) long. Habanero chili's are very hot, rated 100,000-350,000 on the Scoville scale.[2] The habanero's heat, flavor and floral aroma make it a popular ingredient in hot sauces and other spicy foods.



### **LONG CAYENNE**

Traditional long, thin Cayenne pepper that turns from green to red when mature. Can be dried or used fresh. I grew up with these hanging dried in the kitchen, using them for spicing up tomato sauce and occasionally fresh on pizza.

### **PUMA**

The 2.5-3 inch long fruits have brushstrokes of tangerine and violet and are bursting with habanero level heat. An edible ornamental pepper of epic proportions, the handsome foliage and stems are a forest green tinged with deep purple. Our top choice for edible landscaping and hot sauce making! 300,000 – 400,000 SHU.

### **SCOTCH BONNET**

**SPICY HOT!** Capsicum Chinese. So named because of its resemblance to a Tam o' Shanter Scottish cap, this little pepper packs a rather powerful kick. Scotch Bonnet pepper seeds produce the brightly coloured chili peppers that are widely used in Jamaican and other Caribbean cooking, and have a flavour profile that is quite distinct from its close cousin the Habanero. If you want the traditional flavour of jerk paste, you have to use Scotch Bonnets. Give this variety a little extra time to mature and as much heat as possible. 150,000 – 325,000 SHUs. Plants may overwinter if protected, and can produce as perennials for a few years.



So what do you do with all those hot peppers?

**MAKE HOT SAUSE!**

# EGG PLANT

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*Yet another from the night shade family. These have great versatility in the kitchen, each variety has its strengths when cooking. From a simple stir fry to grilling on the BBQ these can add to any meal. And the deep purple fruit looks lovely in the garden.*



## **BANGA ROSA EGGPLANT**

A beautiful Italian heirloom, this variety produces rounded, lavender/white fruit that is very meaty with a nice mild flavour and no bitterness. Pick when 6-8”.

## **BLACK BEAUTY EGGPLANT**

A Deep purple variety that produces larger fruits. This is the standard style you will find in the local grocery store. This has a wonderful flavour and stores well. This plant will continue to produce well if picked regularly.

## **CASPER EGGPLANT**

Medium size, very attractive, smooth ivory-white fruit that have a very mild mushroom-like flavor. Prolific plant. Fruit ripens early. An excellent variety for specialty growers and gardeners.

## **LITTLE FINGER EGGPLANT**

This delightful eggplant produces an abundant amount of slim, dark purple fruit in clusters of three or more. They can be harvested when no longer than your little finger (hence the name) or they can be left to grow to 6-8” with no sacrifice in taste. These are great for stir-frying or grilling.

## **PINGTUNG**

Long, slender Asian-type eggplant has shiny lavender skin that is so tender it doesn't require peeling. The creamy flesh has good flavour and is mild, rarely bitter. Plants are heavy producers of 30 cm. long and 3-4 cm. diameter fruits. Our 2010 crop outproduced any other eggplant we have grown. Named for its city of origin, Pingtung, in Taiwan.

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# SPECIAL

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## AUNT MOLLY GROUND CHERRY

This is becoming a staple at the farm, it's a great producer and the fruit is sweet and flavourful. It's an interesting fruit that proves the benefits of ripening on the vine. When this little fruit is ready it's husk will turn a white/beige and fall off the plant, then you just gently lift the plant and pull out the little patio lanterns. It's great in salads, in desserts, on its own, or in preserves

## TOMATILLO

Purple Tomatillo - A rare tomatillo that turns purple when ripe. The purple types are sweeter than green tomatillos. The small tomato like fruit are enclosed in a papery husk that is easy to remove prior to cooking. The purple fruit store very well after harvest. Used in traditional Mexican salsas. Delicious.

## LUFFA GOURD

A natural dishcloth. Many people prefer this as a dishcloth. The fruit grows about 2 feet, and the vine is very ornamental, producing clusters of yellow blossoms, in pleasing contrast with the silvery-shaded, dark green foliage.



## Don't have space to grow all your own food?

We have a self directed Box Program. This means our farm is your Garden. Simply: each week we tell you what is ready and you tell us what you want.

Want more info about the program talk to the farmer Hey that me, drop me a note at [Chris@cedarhedgefarm.ca](mailto:Chris@cedarhedgefarm.ca) and I be happy to explain how it works.

P.S. There are somethings that we only grow for our Members.



# CUCUMBERS

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*The cucurbit family is one I will always fondly remember. There is nothing like just picking a cuc off the plant brushing the dirt off on your shirt and biting in. I remember a time as a kid (I hope Uncle Johny doesn't read this) my cousins and I spent an afternoon in the field eating watermelon and carving pumpkins – we ate a lot, hey it was a hot day! These can be finicky when it comes to transplanting though so a couple of things to remember: 1. Do your best to not disturb the roots when transplanting and 2. Make sure they get enough water - the soil should be damp but not soaking wet.*



## LEMON CUCUMBER

Round and yellow, this tennis ball-sized cucumber is a perfect serving for one or two people. Lemon cucumber does not have a lemon taste, only color, but has a thin, tender skin with a flavor a little milder than a regular cucumber's. One great advantage to this cuke is that you can eat it all at one sitting.

## MARKETMORE 76 CUCUMBER

Marketmore 76 cucumber seeds yield a smooth, refined, dark-green slicer with a crisp crunch and sweet flavour (makes great pickles). This is an early maturing cucumber that grows to 20-23cm (8-9") long with slightly shorter vines than other varieties so you can space them more densely and get a higher yield in a small garden.

## SHINTOKIWA CUCUMBER

We were really impressed with this long, slender, smooth skinned cucumber from Japan. 24-30 cm fruit are crisp and flavourful with no bitterness. Did I mention productive? Trellis the plants for buckets of really straight fruit or let them sprawl on the ground for what you might call artistic-shaped fruit. Harvest when slender for the best flavor and texture.

## TELEGRAPH IMPROVED

The English cucumber is longer (up to 18") and thinner than traditional cucumbers, with very small, soft seeds. 'Telegraph Improved' was developed in the 1800s for growing in greenhouses, but is now a favorite of home gardeners for the long, thin-skinned, burpless fruits that add a cool, mild flavor and a snappy crunch to salads and sandwiches. Cucumbers develop best when grown on a trellis and get regular moisture while fruits are forming.

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## SQUASH

### *Winter*

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#### ACORN SQUASH

This compact bush form of Table Queen acorn squash is great for small spaces. The fruits are small, 1-2 lb., dark green and deeply-ribbed exterior with a golden-yellow interior.

#### BUTTERNUT SQUASH

This variety, introduced in 1970, is a heavy producer with 9 - 10" long, buff-coloured fruit. An AAS winner, it has excellent flavour, and stores well.

#### SMALL SUGAR PUMPKIN

An old favourite for canning and making pumpkin pies. Fruits are about 7 lbs, wonderfully sweet. Flesh is fine-grained.



## SQUASH

### *Summer*

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#### DARK GREEN ZUCCHINI

A most popular and versatile squash. This cylindrical fruit 15-18 cm (6-7") in length is very easy to grow. The creamy white flesh is firm, flavorful, and terrific for baking nutritious cakes, breads, or muffins. Also great raw and sautéed. Even the flowers are edible!

#### GOLDEN ZUCCHINI

It is a compact bush type plant that is perfect for those with limited space in their gardens. It is a prolific producer of dazzling gold zucchinis that can grow over 10", but are tastiest when eaten at this size or smaller. Frequent harvesting of small fruits encourages more fruit to grow.

#### VEGETABLE MARROW

It can be picked young when pale green and used like a summer squash. The compact size of the plants will appeal to urban growers, or gardeners with limited space. Plants are prolific and will produce over a long summer season if kept picked. This is the traditional vegetable marrow that is so popular in the UK.



#### RONDE DE NICE ZUCCHINI

This unusual French heirloom zucchini was new to the farm in 2014. It's round, with light green speckled skin and dark green stripes. The fruit can be harvested when it is 1-2" across or allowed to grow until large enough to stuff.

# MELONS

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*Yet another from the night shade family. These have great versatility in the kitchen, each variety has its strengths when cooking. From a simple stir fry to grilling on the BBQ these can add to any meal. And the deep purple fruit looks lovely in the garden.*

## **FRENCH CHARENTAIS**

Sweet, fragrant, orange fleshed melons with smooth slate blue/green skin. These are true cantaloupe melons and they will ripen even in cooler areas. Each small melon is the perfect size for two servings.

## **HEART OF GOLD MELON**

Introduced in the early 20th century, Heart of Gold is an aromatic, sweet, deep orange fleshed melon. The round fruit to range in size from 12.5 cm to 16.5 cm (5-7") in diameter with a relatively small seed cavity. The rind is green with a heavily netted grey outer skin.

## **SUGAR BABY WATERMELON**

This classic heirloom icebox type melon first appeared on the market back in 1959. Sugar Baby melon seeds produce watermelons that have a thin, hard rind with distinct stripes that become almost black at maturity. The flesh is firm, sweet, almost orange-red, with small, apple-like seeds.



## **EARLY MOONBEAM WATERMELON**

Delicious, sweet, yellow-fleshed watermelon. 3-8 lb fruit have attractive, light-green skin with dark-green tiger stripes, which makes them easy to tell apart from the red watermelons. An early maturing variety that is cool weather tolerant, always ripens in our short growing season, and is always sweet.

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# HERBS

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## **GENOVESE**

This is the traditional Italian heirloom variety of basil. It has shiny, large, almond-shaped leaves have a more pronounced flavour, and stores well if chopped and frozen in ice cube trays. Pinch growing tips for bushier plants that grow to 60cm (24") tall. Basil is a heat loving tender annual plant that requires good drainage and ample moisture during hot weather.

## **DARK PURPLE OPAL BASIL**

Dark Opal Basil has beautiful regal, purple-black glossy foliage, pale pink flowers and a delicious aroma. The plant will grow at a steady pace but prefers warm weather and loves the heat. It produces small to medium sized, tender leaves, reaching an overall height of 30-45 cm (12 -18") tall. A fairly low maintenance plant and quite easy to grow, as long as a level of basic care is provided throughout the season.

## **SAGE**

The wonderfully aromatic, silvery-green leaves of sage bring a potent savoury accent to stews, soups, salads, and traditional stuffing. Beneficial insects love this plant and hummingbirds will feed from sage flowers.

## **FOREST GREEN PARSLEY**

Plant Forest Green parsley seeds in your organic herb garden. The plants have short, strong stems that support big clusters of highly curled, dark-green leaves. The flavour is distinctly savoury without being bitter.

## **ENGLISH THYME**

This woody little evergreen plant spreads steadily over the years and has pretty pink flowers which bees love. English Thyme plants grows to heights of 30cm (12").

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# LETTUCE

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*These have become a staple in our home. The more we do with the chickens and understanding other animals the less meat we try to eat. Greens and lettuce have great versatility: consider using them for recipes you would never have considered: lettuce soup, kale chips, even arugula pesto - which is always great on pasta by the way.*

## **RED SALAD BOWL LETTUCE**

This vigorous red heirloom variety has bright burgundy leaves with green centres that are great for baby leaf salad mixes. Red Salad Bowl lettuce seeds form big rosettes with the deeply indented leaves that we love in an oak-leaf lettuce. It is slow to bolt, tender, and mild-tasting. The bright red colour is best in cool temperatures.

## **TANGO LETTUCE**

This is a great early spring or late fall leaf lettuce. Similar pale-green color, frilly shape and lofty texture to endive, a popular ingredient in salad mixes, but with much milder flavor. Makes a small, compact head. Harvest early as Tango has a tendency to bolt quickly.

## **SALAD BOWL LETTUCE**

This heirloom lettuce dates back to 1952. Salad Bowl lettuce seeds are a traditional stand-by for salad mixes. These large, lime-green rosettes resist bolting for a long time in summer and do not get bitter. The frilly, deeply cut oakleaf shape has excellent flavour and good texture. They add loft and character to salad mixes. Rapid cool-weather growth makes it a prime candidate for spring cold frame growing. This heirloom lettuce dates back to 1952,

## **AMISH DEER TONGUE**

The unique upright shape with dark green triangular leaves have thin midribs, a lovely texture, a nutty flavour, and cover a crunchy inner heart. Amish Deer Tongue dates back to 1840.

## **TOM THUMB**

Dating back to 1830, this heirloom is the oldest American lettuce still in cultivation, which speaks to its charms. The smallest lettuce of all - a tennis ball-sized Bibb that will fit in the palm of your hand. The small heads have creamy yellow centers with medium green, slightly crumpled wrapper leaves. This variety works well in containers - even window boxes!

## **NEVADA**

Rich, fresh green, upright leaves on 9-10" tall plants. When cut up it will not go brown or limp like other lettuce types.

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# GREENS

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## **CURLED KALE**

Compact plants yield tender, blue-green, crinkled leaves that are quite delicious, very cold hardy.

## **RUSSIAN RED KALE**

Very tender and mild, a pre-1885 heirloom variety. Oak type leaves have a red tinge, and stems are a purplish-red.

## **SWISS CHARD**

I was Introduced to this by my Aunt Marry as a kid. Broad, dark green and rich flavour. The plant is both heat and cold-tolerant and both stalks and leaves can be eaten. She would sautéed it in Tomato sauce.

## **ARUGULA**

A salad green with a slightly peppery taste that is easy to grow and doesn't mind the cold. If you continue to pick the outside leaves this should continue to produce.

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## **THE NATURE OF FARMING:**

Farming naturally or organically is changeable by its very nature. Our farm is off the grid with little to no electricity and very little in the amount of heating. We heat the greenhouse with wood (I sleep/live in the greenhouse from March to May to keep the fires burning) and a small amount of propane. This means that if we get strange (climate change) weather we can lose a crop or have a seed variety not germinate. We also have limited space. Because of these factors, orders will be filled on a first come basis. We do not use any sprays or chemical fertilizers. When planting and potting up we use a certified organic potting soil and at potting up time we add a small amount of certified organic chicken manure fertilizer. Plants will need a bit of a balanced fertilizer when you plant them. (We will make some of the organic fertilizer we use available)

## **ABOUT THE FARM**

2020-2021...the COVID years. As we look forward to 2022, we also have to look back. The curve ball of 2020 was COVID, then the 2021 season was not a happy one; along with the need to pivot for COVID, we got a spring drought. For us 2021 was to be a growth year; with the help of some amazingly generous people we were able to put in an off-grid, panel-direct solar irrigation system. Without it we would have had to pack the season in, in June. As we look forward, 2022 is a growing year. The goal is to double production by using what we learned and hopefully hiring some help. The primary goal of the farm remains the same: work with nature, while taking care of our little piece of land in our macro-effort to do better for the planet. We continue to employ our few birds to help with bug control and light tillage and land clearing. The goal is to work to find the balance with our resident bugs, birds and bunnies, as each has its purpose and place. Keeping in mind our target to be carbon negative by 2025, there is still a lot to be done but I'm grateful for every day I spend under the open sky growing food and caring for the land and all that lives on and in it.

We will be opening the farm a few days a week for people to stop by and get some produce. We will also welcome those who are interested in our event days – Planting Day, Harvest Day etc. As well, we're considering a monthly Sunday dinner event to offer our supporters the opportunity to come out and spend the day on the farm and then gather around the table for a shared meal.

Overall, the goal is to create a place of balance, learning, and the sharing of ideas.

If you were to ask: *"What is Cedar Hedge Farm?"*

it's where I grow, learn and find balance

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**To order** send completed form or e-mail a list with your contact information to [chris@cedarhedgefarm.ca](mailto:chris@cedarhedgefarm.ca)

## Seeding Order form - Flowers, Tomatoes, Peppers, Eggplant, Cucumbers, Squash, Melons and Special section, will be sold as single plants.

### Single Plants \$4.00 each

SINGLE PLANTS		QTY
FLOWERS		
PERSIAN CARPET ZINNIA		
NASTURTIUM		
MEXICAN TORCH		
OLD-FASHIONED VINING PETUNIA		
MARIGOLD		
TOMATOES - CHERRY		
A GRAPPOLI D'INVERNO		
BLACK CHERRY		
BLUE BERRIES RED		
BLUE BERRIES CREAM		
BRAD'S ATOMIC GRAPE TOMATO		
CHADWICK CHERRY		
GOLDEN CHERRY		
PETIE MOINEAU		
PURPLE BUMBLEBEE		
SUNRISE BUMBLEBEE		
SNOWWHITE CHERRY		
TONDOSE DES CONORES		
BROAD RIPPLE YELLOW CURRENT		
TOMATOES - SALAD AND SLICING		
CHARLIE'S RED STAKER		
GOPIA		
PINK PING PONG		
GREEN GAGE		
GREEN ZEBRA		
HARBINGER		
MONEY MAKER		
MARTINA		
NYAGOUS		
VINTAGE WINE		
WHITE POTATO LEAF		
GARDEN PEACH		
A - TOTAL # OF PLANTS		

### Single Plants \$4.00 each

SINGLE PLANTS		QTY
TOMATOES - LARGE		
BEAR CLAW		
BOX CAR WILLIE		
CHEROKEE PURPLE		
EARL OF EDGEcombe		
FEURERWERK		
ITALIAN HEIRLOOM		
MARIZOL GOLD		
ORANGE R 117		
ORANGE STRAWBERRY		
THORBURN'S LEMON BLUSH		
TOMATOES - SAUCE		
SAN MARZANO		
PEPPERS - SWEET		
CAL WONDER		
LIP STICK		
LUIGI - FAMILY HEIRLOOM		
ORANGE BELL		
PURPLE BEAUTY		
SHEEPNOSE PIMENTO		
SHEPPARD		
STOCKY RED ROASTER		
SWEET CHOCOLATE		
SHISHITO		
PEPPERS - HOT		
BLACK HUNGARIAN		
BUENA MULATA		
EARLY JALAPEÑO		
FATALII		
HABANERO		
LONG CAYENNE		
PUMA		
SCOTCH BONNET		
B - TOTAL # OF PLANTS		

SINGLE PLANTS	QTY
<b>EGGPLANT</b>	
BANCA ROSA EGGPLANT	
BLACK BEAUTY EGGPLANT	
CASPER EGGPLANT	
LITTLE FINGER EGGPLANT	
PINGTUNG	
<b>SPECIAL</b>	
AUNT MOLLY GROUND CHERRY	
TOMATILLO	
LUFFA GOURD	
<b>SQUASH - SUMMER</b>	
DARK GREEN ZUCCHINI	
GOLDEN ZUCCHINI	
VEGETABLE MARROW	
RONDE DE NICE ZUCCHINI	
<b>SQUASH - WINTER</b>	
ACORN SQUASH	
BUTTERNUT SQUASH	
SMALL SUGAR PUMPKIN	
<b>MELONS</b>	
FRENCH CHARENTAIS	
HEART OF GOLD MELON	
SUGAR BABY WATERMELON	
EARLY MOONBEAM WATERMELON	
<b>CUCUMBER</b>	
LEMON CUCUMBER	
MARKETMORE 76 CUCUMBER	
SHINTOKIWA CUCUMBER	
TELEGRAPH IMPROVED	
<b>HERBS</b>	
GENOVESE BASIL	
DARK PURPLE OPAL BASIL	
SAGE	
FOREST GREEN PARSLEY	
ENGLISH THYME	
<b>C - TOTAL # OF PLANTS</b>	
<b>TOTAL # OF PLANTS (A+B+C)</b>	

## Flowers - Lettuce - Greens

Flowers below and the Lettuce and Greens are sold in 4 packs.

**One 4-cell pack is \$6 each**

4 PACKS	QTY
<b>FLOWERS</b>	
SNAPDRAGONS - RAINBOW MIX	
SWISS GIANT PANSIE MIX	
MARIGOLDS	
ELEPHANT HEAD AMARANTH	
<b>LETTUCE</b>	
RED SALAD BOWL LETTUCE	
TANGO LETTUCE	
SALAD BOWL LETTUCE	
AMISH DEER TONGUE	
TOM THUMB	
NAVADA	
<b>GREENS</b>	
BLUE CURLED SCOTCH KALE	
RUSSIAN RED KALE	
SWISS CHARD - CANDY CANE	
ARUGULA	
<b>D - TOTAL # OF 4-CELL</b>	

<b>TOTAL # OF PLANTS (A+B+C)</b>	
	X \$4
<b>AA TOTAL SINGLE PLANTS=\$</b>	
<b>TOTAL # OF 4-CELL</b>	
	X \$6
<b>BB TOTAL 4-CELL=\$</b>	
<b>(AA + BB) TOTAL AMOUNT</b>	
<b>PLEASE INCLUDED 25% DEPOSIT-</b>	
<b>(TOTAL AMOUNT / 4) = \$</b>	

*Remaining Balance will be confirmed when order is confirmed order and again before Pick-Up*

NAME \_\_\_\_\_  
 E-MAIL \_\_\_\_\_  
 PHONE \_\_\_\_\_  
 PICK-UP LOCATION \_\_\_\_\_

*For Pick-Up locations see back cover.*

To make deposit please enclose a check, made payable to Chris Marcucci (your farmer) or e-transfer to [chris@cedarhedgefarm.ca](mailto:chris@cedarhedgefarm.ca) password seedling.

**PICK-UP LOCATIONS:** If pick-ups will be at the Farm, Cobourg Farmers' Market Saturday, East Lynn Park (Market isn't open in May but we will park by the Park for pick-ups, Peterborough Wednesday Farmers' Market and other locations To Be Determined.

Deliveries will be done on the week of May 8th or May 15th depending on area. **NOTE day of the week TBD**

Please note that we do not force our plants but grow them so they are ready to plant out at the proper time (historically around May 24) . Please let me know which delivery date you would prefer.

Follow us on Facebook and instagram to keep up with all that's happening on the farm.



### Cedar Hedge Farm

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